

**THIS WEEK: 11 – 17 March**

Monday	11 March	9:00am	Morning Prayer
Wednesday	13 March	9:00am	Morning Prayer
		10:00am	Eucharist
		5:00pm	Evening Prayer
Thursday	14 March	9:00am	Morning Prayer
		5:00pm	Evening Prayer
Friday	15 March	9:00am	Morning Prayer
			Op Shop Meeting
		5:00pm	Evening Prayer
Saturday	16 March	3:30pm	Wedding of Josie & Johny, Bangalow
Sunday	17 March	9:00am	Eucharist, Bangalow



Temptation is like a river that is difficult to cross.  
Those who are not overwhelmed by temptation are good swimmers; they cross the river without sinking.  
But those who cannot swim are submerged when they enter the river.

Cyril of Jerusalem (c.315-86)

*God of infinite love,  
you accompany us through distress  
and anxiety and protect us from  
temptation and evil. We trust in your  
mercy and compassion this Lent,  
through Christ our Lord. Amen.*



Bangalow Anglican Church

**SERVICE TIMES**

Bangalow		
Sunday	9.00am	Eucharist
Wednesday	10.00am	Eucharist
Eureka	1 <sup>st</sup> Sunday	11.00am

**PARISH GOALS**

- to pursue a social justice agenda
- to offer hospitality
- to support the spread of the Gospel in schools
- to maintain environmental care

**THIS SUNDAY 10 MARCH 2019 – LENT 1**

*Deuteronomy 26:1-11; Psalm 91:1-2, 9-16; Romans 10:4-13; Luke 4:1-15.*

**NEXT SUNDAY 17 MARCH 2019 – LENT 2**

*Genesis 15:1-12, 17-18; Psalm 27; Philippians 3:7-4:1; Luke 13:1-9.*



**THE ANGLICAN PARISH OF BANGALOW**

All Souls' St Aidan's  
Bangalow Eureka

We welcome all people  
regardless of age, race, sexual orientation or religion.

1 Ashton Street  
Bangalow NSW 2479  
T 6687 1046  
MO 0488 561 539  
souls\_all@yahoo.com.au  
bangalowanglican.com.au

**First Sunday in Lent — 10 March 2019**

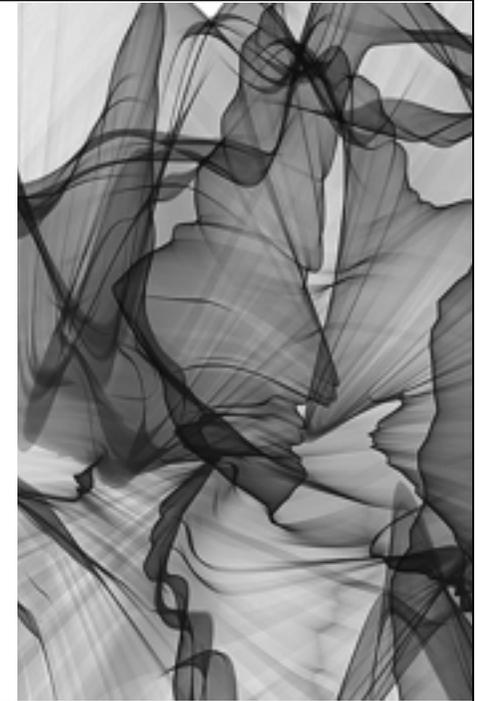
As we gather for worship, we acknowledge the **Bundjalung Nation**,  
traditional custodians of this land.

**The Bright Field**

I have seen the sun break through  
to illuminate a small field  
for a while, and gone my way  
and forgotten it. But that was the pearl  
of great price, the one field that had  
the treasure in it. I realise now  
that I must give all that I have  
to possess it. Life is not hurrying

on to a receding future, nor hankering after  
an imagined past. It is the turning  
aside like Moses to the miracle  
of the lit bush, to a brightness  
that seemed as transitory as your youth  
once, but is the eternity that awaits you.

*R. S. Thomas*



**THE ANGLICAN PARISH OF BANGALOW**

Rector	Fr Matthew Smedley	6687 1046	souls_all@yahoo.com.au
Hon Assoc Priest	Fr Doug Bannerman	0418 182 450	annedoug16@bigpond.com
Licensed Lay	Joan Davies	6685 3287	
Ministers	Julieanne Sinclair	6688 4150	
Rector's Warden	Patricia Ellis	6687 0441	pbellis2@bigpond.com
	☩ Honorary Secretary		
Op Shop	Kath Amor	6687 2228	Mon - Fri 10:00am-3:00pm Sat 9:30am-12:30pm

## The Desert

The desert in our lives is the place where in our poverty, our sin and our need we come to know the Lord. For us, like the Israelites before us, it is the place of the essential confrontations, where the irrelevancies are stripped away and the elemental things become all-important, where the truth in our hearts is revealed.

Our desert place is any place where we confront God. It is the place of truth, but also of tenderness; the place of loneliness but also of God's closeness and care. The journey is precarious, but God is faithful, even though our own fidelity is shaky. In the place of hunger and poverty of spirit we are fed by the word of God, as Jesus himself was in the desert.

Part of our poverty may be that we are not even aware of our longing for God, only aware of the suffocating burden of our own sinfulness, of the slum within. But the desert is the place of confrontation not just with our sins, but with the power of God's redemption. You come to see it as the place where there can be springing water, manna to keep you going, the strength you never knew you had, the surprise of the quail that plops down at your feet, a tenderness that cares for you and a knowing Lord. These things are not the promised land, but they are tokens of love and may be sacraments of glory. Your life, your prayer, can be the wilderness to which you must look steadfastly if you would see the glory of God.

A Reading from *The Coming of God* by Maria Boulding OSB (1929-2009) in Robert Atwell, comp. *Celebrating the Seasons: Daily spiritual readings for the Christian year* (Norwich: Canterbury Press, 2009), p. 164.

In every human being there is a tension between the lure of the safe and certain on one hand, and the challenge of the unknown and risky on the other. Our lives are shaped by the ebb and flow of the struggle between these two forces inside us...I call them 'mastery' and 'intimacy.'

Albert Holtz OSB

## Prayers

Lord of compassion,  
in your mercy hear us.

Anglican Communion — The Province de L'Eglise Du Congo: The Most Rev'd Zacharie Masimango Katanda, Archbishop of the Congo & Bishop of Kindu

Australia — Defence Force Anglican Chaplaincy: Bishop Ian Lambert, Chaplains and Members of the Defence Forces

Diocese — Cathedral Chapter: Rt Rev'd Dr Murray Harvey, Chris Nelson, Canon Lee Archinal, Very Rev'd Greg Jenks, Canon John Bryen, Rev'd Canon Judy Edwards, Canon Terry Shorten, Rev'd Canon Matthew Smedley, Lyn Johnston, Rev'd Canon Zoe Everingham, Rev'd Canon Dr John Barrett; Parish of Kempsey: Rev'd Bronwyn Marchant, LLMs Sr Dr Helen CSC, Barbara Cheers; Community of the Sisters of the Church: Rev'd Sr Linda Mary, Sr Dr Helen, Sr Fiona

Please pray for those who are sick, lonely, homeless, refugees and asylum seekers

Anniversaries of Death — Annie Maria Rose, William Walter Bartlett, Harry Aubrey Smith, Alice Cooper, Marjory Dennis, Charles Norman Timms, Louisa Harris, Harold Gallagher

## PARISH NOTICES

- ★ Lent Studies will be held in The Rectory 7:30-8:30am on Sunday mornings and we consider the film 'The Greatest Showman' with Rev'd Canon Dr Rachel Mann's book "From Now On: A Lent Course on Hope and Redemption in The Greatest Showman."
- ★ During the season of Lent when we think about our almsgiving, prayer life (including confessing/forgiving sins), fasting and wealth, if you would like to make your Confession please contact me to arrange a suitable time.
- ★ It has been announced that the former Dean of the Cathedral, The Venerable Donald Kingsley Kirk, has been elected to the office of 11th Bishop of Riverina. Archdeacon Donald is currently Rector of the Parish of Hamilton in the Diocese of Ballarat and Archdeacon of the South West. We understand that the date for his Consecration is 15 June. Laus Deo
- ★ Please continue to pray for The Little Brothers of St Francis: Brother Wayne, Brother Howard, Brother Geoffrey; following the Tabulam fires and whose entire property was burnt though the buildings, goats and sheep were saved. They now have two concerns, fodder for the livestock and renewing the fences (10-12km). If you wish to help, donations can be made directly to:  
Little Brothers of Francis Fire Appeal, BSB 012-567, ACC 5002-30013.  
Please pray also for their neighbours who have lost their homes.
- ★ BCA Boxes are due in March — please give your boxes to Joan Davies or Jeanie Daley.
- ★ Our current Acting Director of Professional Standards, Amanda Hickey, will take on the ongoing Director of Professional Standards role commencing 1 March 2019. We look forward to the expertise that Amanda will bring to the Diocese in this role.
- ★ Our Dean Greg Jenks will be leading a special 10-day pilgrimage to the land of the Holy One from 8-16 December 2019. A former Dean of St George's College in Jerusalem, Dr Jenks is also a co-director of the Bethsaida Excavations Project in the Galilee. More details on the Cathedral website [www.graftoncathedral.org.au/cathedral-pilgrimage-2019](http://www.graftoncathedral.org.au/cathedral-pilgrimage-2019).
- ★ Please continue to pray for parishes seeking new incumbents: Casino, Coffs Harbour, Nambucca Heads, South Grafton, The Bellinger and Tweed Heads. The Parish of Mullumbimby is in transition.

**Your companion, Fr Matthew,  
walking with you and Jesus Christ to the cross.**

READ ✦ REFLECT ✦ RESPOND IN PRAYER ✦ REMAIN  
IN SILENCE ✦ RETURN PRAYERFULLY TO DAILY LIFE

# Environment Network calls on Anglicans around the world to use less plastic

Posted on: March 8, 2019



Photo Credit: Matthew Gollop / Pixabay

The Anglican Communion's Environment Network (ACEN) is encouraging Anglicans to reduce their use of plastic in Lent. Organisers hope that those taking part in the "plastic fast" will learn to use less plastic in the longer term in order to protect the earth's environment. The Environmental Co-ordinator for the Anglican Church of Southern Africa, Canon Rachel Mash, said that that by 2050 there will be more plastic in the oceans than fish. "Plastic is already entering into our drinking water", she said. "Plastic clogs our rivers, leaches into our soil and is one of the greatest challenges the planet faces."

ACEN has produced a set of daily challenges linked to weekly themes: plastic bottles and lids, food shopping, bathroom, kitchen, clothing and kids. The challenges began with a commitment to using your own glass or reusable bottle to reduce the estimated one million plastic bottles bought around the world each minute.

They include banning the use of polystyrene in churches, schools and community groups; and sourcing alternative storage facilities, such as lidded containers rather than cling film for food stuffs. There is a creative edge to the challenges too, including a suggestion that parents could bake their own snacks for school lunches rather than purchasing plastic-wrapped products.

"Lent is a time when we prepare our hearts and lives before celebrating the wonder of Easter", Canon Mash said. "It is a time to break free from bad habits that are hurting God, our neighbour and God's Creation. On Ash Wednesday when we are signed with the cross, the priest will say: 'turn away from sin and believe the good news', This Lent we are challenged to turn from the sin of damaging God's planet and hurting our neighbours by our over use of single use (throwaway) plastic."

She said that single-use or disposable plastics – including items such as plastic bags, straws, coffee stirrers, drinks bottles and most food packaging – are used only once before they are thrown away or recycled. "We produce roughly 300 million tons of plastic each year and half of it is disposable", she said. "Worldwide only 10 – 13 per cent of plastic items are recycled."

"The nature of petroleum based disposable plastic makes it difficult to recycle and they have to add new virgin materials and chemicals to it to do so. Additionally there are a limited number of items that recycled plastic can be used.

"Petroleum based plastic is not biodegradable and usually goes into a landfill where it is buried or it gets into the water and finds its way into the ocean. Although plastic will not biodegrade – decompose into natural substance like soil – it will degrade – break down – into tiny particles after many years.

"In the process of breaking down, it releases toxic chemicals – additives that were used to shape and harden the plastic – which make their way into our food and water supply. These toxic chemicals are now being found in our bloodstream."

The Moderator and Primate of the united Church of South India, Bishop Thomas K Oomen, has endorsed the plastic fast; and in [a message to his Church](#) he has called on Christians to make 10 "Green Confessions" during Lent.

"These 'Green Confessions' are not only to be prayed, but also to be practised", the Moderator said. "If we live a life committed to avoiding all kinds of disposable plastics, the manufacturers would be forced to avoid all disposable plastics, and thus we would be contributing towards a lesser carbon footprint.

"If Lent is a time we think upon how to foster life, rather than destroying life, it is our spiritual commitment to avoid plastics since it 'kills' life. As I hope that this year's Lent would be a meaningful time to reflect, repent, reorient and rededicate our lives to accomplish God's will, I ardently pray that God would enable all of us to continue our life in an eco-spiritual pilgrimage fighting against all causes of ecological catastrophes, particularly the disposable plastic catastrophe."

<https://www.anglicannews.org/news/2019/03/environment-network-calls-on-anglicans-around-the-world-to-use-less-plastic.aspx>